



DR. ANIL AGARWAL

Author, *The Real Essence of Life*

"I've experienced over 400%
growth in net income because of Dr.
Anil K. Agarwal's methods ..."

- Hector E. Cummings

NEW MOTIVATIONAL IDEAS IN "THE REAL ESSENCE OF LIFE"

A new book entitled, "***THE REAL ESSENCE OF LIFE***" challenges readers to leap out of their rut in life, and reclaim enthusiasm for life. According to the author Dr. Anil K. Agarwal, "We are not born with any particular DNA for success." He believes that people need to make up their mind to do something suited to their God-given talents, follow his practical guide for the journey, and accomplish their purpose in life.

This motivational thinker covers basic topics, such as goal-setting and organization, but also delves more completely into the whole process of "seeing the big picture," rather than one component of self-improvement. For example, Dr. Agarwal has exercises that help readers discover their talents, then find their unique purpose, before setting a ranking for 30 goals. He gives guidance on teamwork, creating a Winner's Image and maintaining integrity during the process. Unique to self-help books, this practicing dentist focuses on surpassing mere improvements to a total restructure of your thoughts, decisions and attitude, known as the TDA Effect.

Dr. Agarwal has directed hundreds of dentists toward practice improvement in his national seminars, teleseminars, and his book, *Extreme Dental Practice Makeover™*. Based on years of studying the thoughts and behaviors of successful business people, he discovered a model that produced a 400% increase in revenue in under 4 years, as well as loyal team members and comprehensive care for his patients. Consider this book a life-changing selection for business colleagues and family members.

For more information, or a press kit, please contact:

Joyce Mancillas / 10727 West 159th Street / Orland Park, IL 60467

ph: 888.400.ESSENCE (888.400.3773) / fax: 800.946.8566 / info@realescenceoflife.com



As he struggled to build a business and raise a family, Dr. Anil Agarwal sensed that there had to be a better and easier way to improve his personal and professional life, but he didn't know how. Not knowing where to start, he tried just about all of it - spiritual training, personal and business coaches, networks and masterminds of people who were seeking and doing the same. All the while, he remained committed to one promise he had made to himself – paying attention to his inner voice as he explored these various options.

Today, Dr. Anil Agarwal is a changed man with a fantastic vision and commitment. What he teaches in The Real Essence of Life can be easily applied in your personal and professional life for considerable – even dramatic – differences. Consider it your starting point for your more rewarding and satisfying life.

Learn more about Dr. Agarwal and download his free report. “The TDA Effect” at <http://www.TheRealEssenceofLife.com>